



Gastronomic Scilly

EATING OUT

- **St. Mary's Hall Hotel** – open daily, with varied specials and features, including cream teas every day and BBQ's most days, weather permitting.
- **The Wheelhouse Restaurant** – open 10am to 4pm daily, except Sundays. At Porthcressa, St. Mary's.
- **Blues Restaurant** – open Mon to Sat for morning coffees and lunch inside or outside in a sunny courtyard. Evening meals from 6 – 8:45. Bookings before 7pm receive a 10% discount. 422221
- **High Tide Seafood Restaurant** on St. Agnes – features locally caught seafood and organic local produce (open Mon to Sat, 6:30am onward)
- Sample a slice of island life at **Fraggle Rock Bar on Bryher** - day & evening menus, great views, friendly local staff, good beer (kitchen closed Mon)
- **Juliet's Garden Restaurant** – open daily for food with a view – 9am – 5pm, and most evenings. Ring on 01720 422228 to check openings
- **Delicious** home-made cakes & lunches using the best local ingredients at the **Polreath Tea Room**
- **Try lovely food** in a fantastic location, at the Boatshed Restaurant – Porthmellon Beach
- For a **variety** of tasty meals, desserts & good coffee try the **Kavorna Bistro & Café** in Hugh Town
- **Dibble & Grub** – on Porthcressa Bank – featuring a Mediterranean Menu with a view.
- **The Scillonian Club** (on the Strand, St. Mary's) is open for food and drinks, and often features sporting events on the big screen TV
- Treat yourself to Morning coffee, lunch (12-2) and Cornish Cream Teas on the terrace with stunning sea views at **Tregarthen's Hotel!** Also serving evening meals in the restaurant with sea views!
- Enjoy a variety of **Bavarian** cakes and strudel, sandwiches, and brunches at Kaffeehaus Salbei – open every day between 11:00 and 4:30pm
- **Supper boats** depart Tresco & Bryher on Weds at 6pm and St. Mary's on Thurs at 6pm for St. Martin's.
- Take the boat over for a wonderful meal at **The Round Island Bar & Bistro.**
- The **Sevenstones Pub** on St. Martin's, serves local food with panoramic views
- Enjoy a Special 2 Course **Sunday Roast** at the Round Island Bar & Bistro on St. Martin's.

LOCAL PRODUCE

- Troytown Farm**, St Agnes – home-made ice cream
- Island Produce Shop** - Porthmellon Ind Estate
- St. Martin's Vineyard** - offers tours and tastings

The Fish Van – daily catches sold fresh

The Bakery on St. Martin's offers a range of delights from wonderful quiches to breads to home-made lemonade.

St. Martin's Vineyard offers guided tours and tastings on Tues, Weds, Thurs

Peddle'Em in Old Town – St. Mary's own organic and fair-trade chocolate shop – specialising in chocolate treats made here on the Isles of Scilly. Open Tues, Thurs, Fri from 1:30 – 4:30, Sat 11 - 3

Troytown Farm, St Agnes – Come see the working farm, pet the calves, and try one of the delicious ice creams made on site! 01720 423713

Public Houses

Atlantic Inn, Hugh Street	422323
Bishop and Wolf, Hugh Street	422790
Old Town Inn, Old Town	422442
Porthcressa Inn, Porthcressa	423488
The Scillonian Club, The Strand	422720
The Mermaid, The Bank	422701
Fraggle Rock – Bryher	422222
The New Inn – Tresco	422844
The Seven Stones – St Martin's	423560
Turk's Head – St Agnes	422434

Hotels with Cocktail Bars and Restaurants

Atlantic Hotel, Hugh Street	422417
Bell Rock Hotel, Church Street	422575
St Mary's Hall Hotel, Church Street	422316
Star Castle Hotel, The Garrison	422317
Tregarthen's Hotel, Garrison Hill	422540
Hell Bay Hotel – Bryher	422947
Island Hotel, Old Grimsby- Tresco	422883
St. Martin's on the Isle – St. Martins	422092

Licensed Restaurants and Cafés

Airport Buffet, The Airport	424343
Blues Restaurant	422221
Castle Restaurant – Old Town Inn	422301
Carn Vean – Pelistry	423458
Dibble and Grub – Porthcressa	423719
Juliet's Garden Restaurant – Porthlool	422228
Kavorna Café & Bistro	422660
Longstone Heritage Centre-Longstone	423732
Old Town Café – Old Town	422045
Pilot's Gig Restaurant – The Bank	422654
Scillonian Club - Lower Strand	422720
The Galley - The Parade	422602
Tolman Café - Old Town	423060
The Boatshed Bistro – Porthmellon	423881
High Tide – St Agnes	423869
Polreath – St Martin's	422046

Unlicensed Restaurants and Cafes

The Deli – St Mary's	422734
The Pilchard Pit (on the Quay)	
Coastguard's Café – St Agnes	422197
Little Arthur Farm – St Martin's	422457
Tresco Abbey Gardens Visitor Centre	424108
Vine Café – Bryher	423168
Covean Cottage – St Agnes	422620

Licensed Clubs – Temp. Membership Req'd

Scillonian Club – The Parade	422720
Golf Club – Carn Morval Down	422692

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